



# The Prudence Wave

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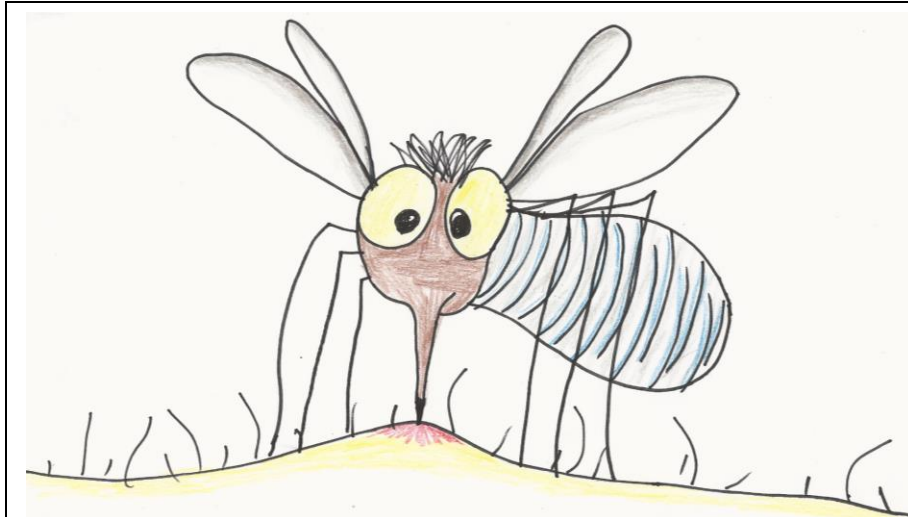
## PJ Invasion

By Meg, PISF 12<sup>th</sup> grader

A bloodthirsty squad of mosquitoes has descended on Prudence Island. Ruthless and tactical, they bombard innocent passersby with annoying speed and agility. It would seem that no amount of slapping can fend them off. This happens every year, of course, as it is the cycle of the seasons, but it feels like this year's crop of nuisances have multiplied at an alarming rate. Virtually unaffected by any chemical or spray we coat ourselves in, the flying hellions break through our defenses, leaving behind itchy welts and frustration. I tell you now, though, we will not yield to these tiny vampires with wings! Nor will we lose hope in this dark day! Hope that we will be able to go outside without the fear of being ambushed! Hope that we will be able to go outside without first bathing in DEET! A day will come, friends, that we will strike out at the enemy and they will fall! In preparation for this battle, I have researched the winged devils in order to be able to defeat them.

3,000 species of Mosquito exist in the world - 160 of which can be found in North America. Each species vary greatly in diet, appearance, habitat, and even personalities. While some species are aggressive and bold (you know the ones I'm talking about) others are quite shy and meek. Unfortunately for us, the conditions for a thriving mosquito community have been perfect for the last few months.

See Mosquitoes  
Cont. on page 4



Creepy  
Mosquito  
Drawing

By Georgie  
Age 13  
from  
Thames  
England



PIHPS Board  
Members Support  
Young Historians



The Prudence Island School foundation creates a feature film every year as a fund raiser. Past films have included *Once upon a Mattress* and *CSI-PI*. Each film incorporates the Island and as many Islanders as possible. Past films have incorporated as many as 80 cameos by Island residents and visitors. This years film is an Island-themed super hero film. Villains plot to take over Prudence island. Can *THE DEFENDERS* save us all? The students have written, produced, storyboarded, and filmed the original script.

Please join us for the **Red Carpet World Premeire**

On August 10th at 6:00 PM at the Hope Brown Center. (red carpet attire required)

Two other showings on August 11th at 1:00 pm and 6:30 PM.

Admission is free but seating is limited.

Call Jen Young at 401-683-5756 or e-mail [jenyoung2526@gmail.com](mailto:jenyoung2526@gmail.com) to reserve seats.



*Library Story Time*By Aribella, PISF 1<sup>st</sup> grader

Tuesday mornings we go to the Homestead Library for Story Hour with Ann Lund. We sit on the floor inside if it's not too hot. When it is too hot we sit under the pine trees outside for a cool breeze and it feels nice. We hear a couple of stories and then sing songs like Twinkle, Twinkle Little Star. Then everyone picks out books to borrow. It's really fun.

On Fridays, Momma is the librarian. I help her put out the flag, hang the open sign and turn on the fans. We check in all the returned books. Sometimes there's two or three and sometimes there's a whole lot! I get to put a stamp in the new books. We straighten all the shelves and pick out books to bring home, too. I really like the library!



**Prudence Island  
Realty**

**Fred Stevenson ABR CRS**

**401-965-0850**

**Made by the Bay Jewelry**

**Contact Susan Mazur at:**

**401-450-5342**

**Made by sea glass found on Prudence!**

## *Mosquitoes Cont. from page 1*

An unusually warm spring mixed with intermittent weeks of rain has created ponds and puddles that are perfect nurseries for the larvae of the mosquito. The rainwater gathers in puddles and pools and are where the mosquitoes lay their eggs, and the next week of hot weather speed the growth rate. That paired with the abundant food sources and we have the ideal mosquito breeding ground. Prevent these colonies of bloodsuckers by getting rid of any stagnant water in the area. Lotus has been found to kill off the larvae that grow in stagnant ponds and puddles if you're looking for a natural alternative.

As far as diet goes, most mosquitoes are selective about what's for dinner. There are only a few species that feed on humans and mammals. There are kinds that feed on birds, amphibians, reptiles. Only a few kinds don't really care; as long as it has a pulse, they'll feed off of it.

How the nuisances find their food, scientists are still puzzling about. There are a variety of cues that have been determined, not the least of which is sensing Carbon Dioxide. Using tiny eyes they can somewhat "see" their prey by comparing the target to the background. Some studies have shown that they smell certain hormones and natural odors such as Estrogen (sorry ladies) lactic acid (which is often produced when you exercise, or eat salty or potassium rich foods) and of course carbon dioxide. Quite a few amino acids such as alanine and lysine can attract different breeds of pests.

As there are certain scents that attract these miniature vampires with wings, there are also scents that repel them. DEET is the commonly known chemical and is present in several different kinds of store-bought repellants. DEET, or N, N-Diethyl-meta-toluidine, is not only dangerous for mosquitoes, but also humans though. Any more than 30% concentration and your liver might shrivel and die, as well as more than a few brain cells (15% of DEET is absorbed directly into the bloodstream!). There are several natural scents that have been found to annoy the enemy, including cinnamon, rosemary, catnip, cedar, garlic and of course citronella essential oils.

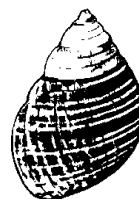
If we persist, the enemy will fall! Use any or all of the tactics above and help rid our Island haven of mosquitoes!



A View of Grand-Bob's Garden  
By Eleanor from Muscat. Oman

## Periwinkle Printing

Screenprinted Fashions



0294 Narragansett Ave.  
Prudence Island  
RI 02872

Eliza Volkmann 401-742-4641

## Teenage Nutrition

By Julianna, PISF 9<sup>th</sup> grader

Next year Meg, Marina, and I will be studying teenage nutrition! However, I was so curious that I got an early start! I started reading The Diet for Teenagers Only by Carrie Wiatt and Barbara Schroeder. Not to worry- none of us are actually going on the diet- we love our bodies just the way they are! But, I'm making it my personal mission to start eating healthier-and for good reason too! Did you know that the teenage years are when the most important growth spurt of your life takes place? In fact, the eating habits you have during this stage of development set your eating habits for life!

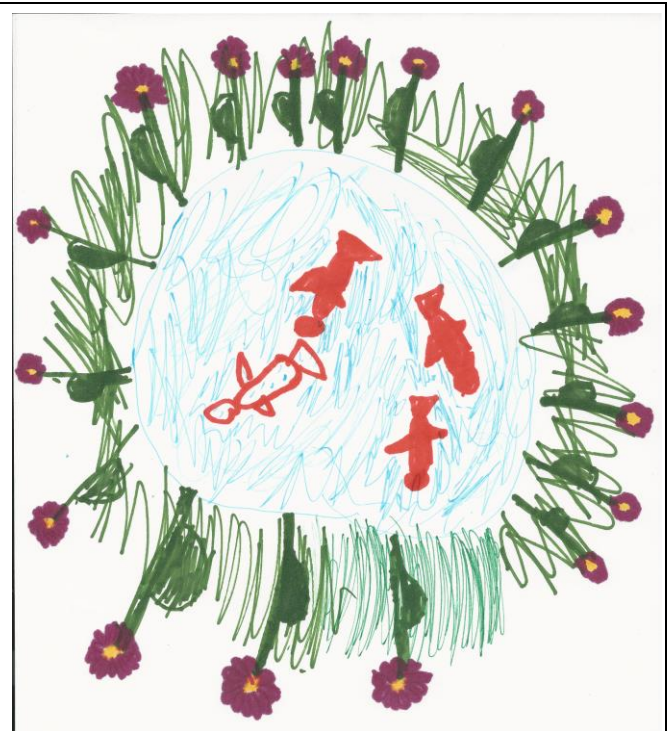
Along with that, I learned that we teens need certain amounts of all kinds of food from different food groups to fully satisfy ourselves throughout the day. There are 6 food groups that they talk about in this book. Their names are The Grain Group, The Fruit Group, The Dairy Group, The Protein Group, The Snack Group, and last but not least -Condiments. Now you may be wondering...why in the world would they have a snack food group? Well, this group is made up of all the healthy options of snacks throughout day (same deal as the condiments group). I was crazy surprised, who could have known there were so many!?

Reading this book really helped me understand and better comprehend what the heck my body is going through, and, most importantly- *why* it's happening! I strongly recommend reading this at home with your own teen so you can help them make better eating choices. Another way you could help is by making a grocery list -together- made up of tasty foods with lots of nutritional value that will keep your teen healthy and happy.

The Josie Avery Theater  
Camp at Farnham Farm will  
be taking place from  
August 5 – 9.

The children will write an original  
play and perform it on August 9 at  
1 pm.

Please join us at Farnham Farm  
for this original performance and  
support our young island  
thespians.



My pond: A Drawing by Raya, PISF 3<sup>rd</sup> grader



## Where is this??



We will give you the answer in the September edition of The Prudence Wave!

The July “Where is this?” was a picture of the old chimney on the Yacht Club land located on the East Side of the island, just south of Potter’s cove.

## **PISF Wish List**

- Picnic Table
- Hand soap
- Cozy rug

## Prudence

By Ben, PISF 5<sup>th</sup> grader

Prudence's beaches  
with lots and lots  
of rocks.

Prudence's T-wharf  
to catch some fish.

Prudence's houses  
full of life and friendships.

Marcy's shop  
to get some food.

Prudence is the  
best island ever!

## My Favorite Things

By Sam, PISF 5<sup>th</sup> grader

### My Favorite Things

My favorite thing to find is a fish on  
my pole,  
a crab under a rock, or a tumbling  
turtle.

It's so much fun under the summer  
sun  
on Prudence!

*PJA Chowder Cook-off*By Meg, PISF 12<sup>th</sup> grader

This year's Annual Chowder Cook-off was a huge success. Eight Chowder cooks and six Stuffie makers (or are they called Stuffers??) competed for the title of Best Stuffer/Chowder Cooker of Prudence. It was a tough decision, deciding who the best was; in my opinion, they were all delicious! But there was a definite winner among them. After test-tasting everything, the party-goers voted who would win the Bragging Rights. The Ballots were counted up, and the Winner was..... Drum Roll please!..... Don and Mary Bennett won the Chowder contest. Tracy and Nic Peterson, tied with Don and Mary Bennett for the title of Stuffies Champion. Congratulations to all participants, you made chowder and stuffies to be proud of!



Chowder Victors



Stuffies Champions

**Cookbook Sale**

**The Homestead Plat Improvement Association still has cookbooks left over from last year's Harvest Festival Sale which benefitted the Prudence School.**

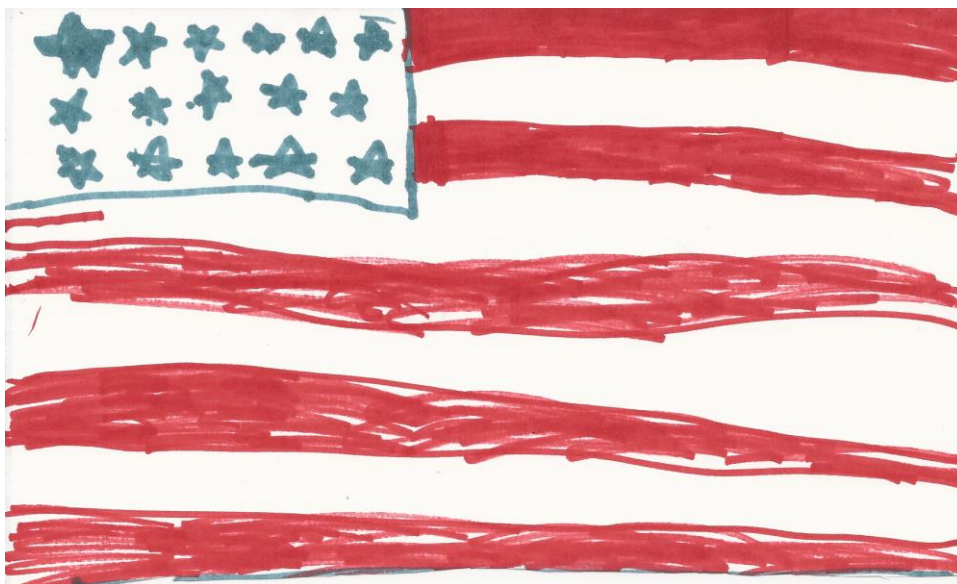
**You can purchase these books by giving a donation in any amount to the Prudence School Foundation. The books are available in the Homestead Library during regular hours (Monday – Saturday 10:00 AM – Noon). There is a donation box located on the book table or if you didn't happen to carry money with you during your visit, take as many books as you want and you can send a check to the Prudence School Foundation, c/o Linda Mosher, Prudence Island, RI 02872.**

**Please help the Prudence School children and enjoy some wonderful cookbooks.**

## PJ 4<sup>th</sup> of July Parade

By Raya, PISF 3<sup>rd</sup> grade

Every year I ride  
in the cop car in the 4<sup>th</sup> of  
July Parade. This year  
Jessie and Dale came  
with us in the police car.  
Every year the cop car  
gets to lead the parade!  
We always throw candy  
to the people that are  
watching the parade.  
When we drove by the  
people that we knew,  
Jessie talked to them  
over the loud speaker.  
Jessie is always funny!



By Grace, Age 8 from Oman

By Julianna, PISF 9<sup>th</sup> grader

This past 4<sup>th</sup>, I celebrated on  
cloud nine, literally! At least,  
it felt like I could almost  
touch those fluffy masses of  
white...but I guess that's  
how you're supposed to feel  
when your holding on to a  
rocket in the back of a  
monster truck!!!

I had a great time being in  
the parade and squirting  
fellow islanders with cold  
water (something I've been  
looking forward to all year)!  
If I learned one thing about  
the parade though, it's that if  
you're on a float, you're  
leaving soaked!



## *Ham and Bean Supper*

By Marina, PISF 11<sup>th</sup> grader

This year is the 90<sup>th</sup> annual Ham and Bean Supper which was held on July 27. Every year this event is held at the PIA along with a raffle. In 1923 in the yard of "The Cedar House" is where the first Ham and Bean Supper took place. For many years it was held in front of the Homestead Building. The food was served on china plates! All the money raised is donated to the Homestead Plat Improvement Association to maintain the building, which now holds our island library (open to all islanders Mon-Sat 10-12). The organization was founded in 1921. The building we see today (known as our library) was built in 1929. As a community organization of Homestead residents, it was founded in 1921 to own and maintain the beach front from the boat ramp to "Cross Tides". The PIA owns and takes care of the beach front from Marcy's to Sand Point.



Minecraft Monthly:  
A Video Game Review

By Sam, PISF 5<sup>th</sup> grader

Welcome back ladies and gentlemen today we will be talking about SURVIVLE. So your first thing on your to do list is to punch down a tree and make a pick and axe to cut the trees down quicker. Then gather stone and wood. You can also make a house. Time to mine {to find nice tasty butter} sorry I'm getting off task. Ore is nice and shiny, and what is there not to like in Minecraft. Also you get lots of food, weapons and armor. You can find temples in the jungle and the desert. There are villages with villagers. There are dungeons, caves, ravines, and diamonds. So go sit down on a chair and play Minecraft Survive. Create and have a blast. For now... Good Night Prudence Island!!!!!!!!!!!!!!!!!!!!!!

PYO Nights

The Prudence Youth Organization is a club for islanders ages 10-18. The teens work at the Snack Shack on Bingo Nights and sponsor a ski trip every winter. There are two activity nights every week during the Summer at the PIA Hall and all island youth are welcome to participate.

Tuesday Game Nights

6:30 - 9:30 pm

Ages 10-18 Children under 10 must be accompanied by an adult

Make your own Ice Cream Sundae for \$4.00. All islanders are welcome to come and make a sundae.

Wednesday Movie Nights

7:00 G or PG movie

8:30 PG 13 movie (depending on attendance and volunteer availability)

We need chaperones in order to keep movie night going. Please volunteer so island teenagers can continue to enjoy this activity. Contact Pat Rossi 474-5948

JOIN US FOR THE  
**SCHOOLHOUSE WALK,**  
A FUNDRAISER TO BENEFIT THE  
PRUDENCE ISLAND SCHOOL FOUNDATION.

Great scenic route! Great Fun, Gifts, Prizes & Refreshments!

Great Cause: Prudence Island School Foundation!

**DATE:** August 18, 2013

**WHERE:** Schoolhouse to “Apple Tree” on Chase Lane to  
Schoolhouse (3.8 miles)

**TIME:** Start at 11:30 am

Finish with BBQ lunch at Schoolhouse

**ENTRY FEE:** \$25 for adults 19+, \$15 for children 13-18,  
and free for children under 13

Walkers are encouraged to help the school by raising additional funds through **SPONSORSHIPS** from friends, family & co-workers. Sponsorship-raising tips are included with the Registration form. Special prizes to be given to Walkers responsible for the highest in total donations/sponsorships! Don't delay--sign up now!

**TO REGISTER/SPONSOR:** Contact Cathy Homan at  
[catlari@aol.com](mailto:catlari@aol.com) or 401-683-0724.

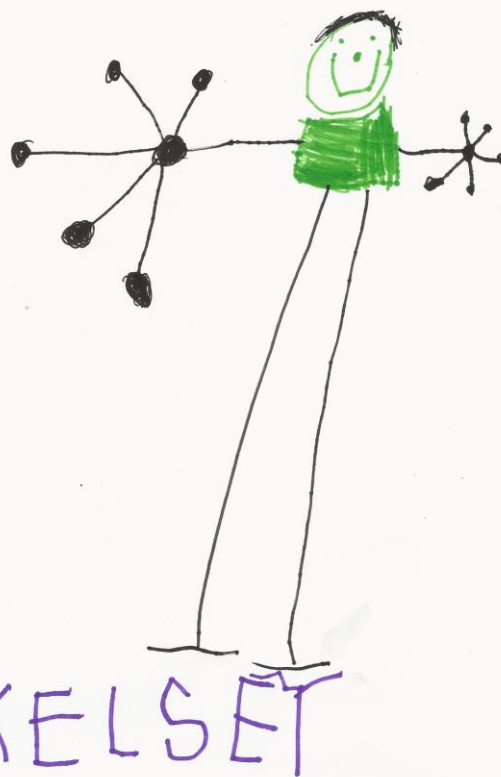


## Intriguing Islander of the Month

By Emmerson (Age 8) from Jacksonville,  
North Carolina and Georgie (age 13) from  
Thame, England

The girls interviewed Gil Reid. The following is what they have learned about this very intriguing islander:

- Stories from an SCCA race car driver:
  - While still on active duty in the US Marines, he won the Savannah-Effingham slalom time trials on his first attempt. He was a co-driver in a 6 hour endure race; turn 4 was very hard so his plan was to fly around the whole track but tip-toe around that corner. His partner was a neurosurgeon and, together, they won the race with Gil beating his co-driver's time (even with his turn 4 strategy).
- Favorites:
  - Food – Lamb chops and Bluefish
  - Memory – 14 day trip for his wedding anniversary in Ireland
  - Action – Brook trout fishing in Vermont
  - Color – Green
  - Siberian Huskies (Labs second)
- Meeting Susan – she came to work in the summer camp program sponsored by the organization in which he was Deputy Director . . . Love at first sight.
- Ancestry:
  - Ongweoh'kwe (Native American) and Black
- Birth
  - Like many woman say, I never tell my age
- What most people don't know about you?
  - Everything (spent years in clandestine service). He hates publicity: he was taught that the group (clan, community, country, etc.) is more important than the individual. It's like there's no "I" in "T-E-A-M"!



Portrait of Gil : By Kelsey Age 4 from  
Jacksonville,  
North Carolina

See Gil Cont. on page 13

## Gil Cont. from page 12

- Hobbies:
  - FLY fishing (trying to get good at it)
  - Fishing (in general)
  - Once was racing sports cars
  - Exploring important topics and issues
- Role in Fire Department
  - Being a first responder who, mostly, drives Tanker 89 which carries 3,000 gallons of water because there are no fire hydrants on Prudence. He pumps the water into a huge container from which fire engines draw water to fight fires and then goes for more water to make sure pumpers have enough water to put fires out.
- Childhood:
  - Not noteworthy – nothing like what Prudence has to offer.
- Stories from when children were growing up:
  - His first born child made his younger brother put a bathing suit on and sit in a beach chair with lemonade. He took a photo that looks as though the younger brother is on white sand but it is actually on snow (in the winter time).
  - Second born accidentally set the garage (attached to the house) on fire! He was actually trying to be helpful tidying away ashes from the fire place without realizing the ashes where embers - still lit!
- Funny stories from the military
  - He is a US Marine combat veteran of Vietnam. Among other things he was a US Navy trained combat diver; one of the training tests was to find an object in zero visibility sea water. His qualification course took place in Pearl Harbor, Hawaii. If you don't know this, it was a place where sunken ships released their oil and ships entering the harbor were allowed to dump all their waste into the harbor ... the "water" was very "icky" to say the least. One of his friends who NEVER, ever, cussed found he knew how to . . . and did he ever for nearly 10 minutes, non-stop , and in the most uncommon way after completing his "search dive" in that nasty, oily, stinky, water.



## Cartoon Corner

By Ben, Age 10, from Thames England

### The Flower



### Baby Voice



### Astronaut





Island PuzzleBy Ben, PISF 5<sup>th</sup> grader

There are 7 things wrong with this  
(try) to circle them! picture. What are they??

Sandy Point

