



The Prudence Wave

DC
Edition

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Prudence Islanders Invade Washington

By Meg, PISF 11th grader

This Edition of the Prudence Wave will be a bit different than usual. We decided since the Washington DC trip was so fantastic, we couldn't just write a few articles about it and be done. So we are dedicating this entire paper exclusively to recapping the Big Trip. Before we left, each of us picked a few events and/or museums to cover in the Wave.



We took a seven-ish hour train ride to and from DC. I didn't think it was possible, but the little girls- *the entire ride up and back*- played quietly and calmly, nonstop. Not to sound negative or anything, but I thought that there would be at least one melt down or even a small quarrel. They were so cooperative and mature and respectful, I didn't once feel embarrassed or frustrated with them.

For the trip, we stayed at Bob and Anne Lund's house in Alexandria, Virginia. It was a huge leap of faith on their part to invite the ten of us into their home for a week; we're a lot to take in. But Bob and Anne made us feel so welcome that I didn't once feel like we were intruding in any way. Every night we helped make dinner for the group (we didn't break any dishes!) and we all learned a lot about cooking with our gracious hosts. Every morning there was coffee and W.I.T.H. muffins (What's In The House Muffins- delicious) for breakfast and a comfy cozy handmade quilt to ward off the morning chill. It made all the difference in the world that after a long day on our feet, we got to return to a warm and welcoming home instead of a detached and impersonal hotel room.

We are eternally grateful to all of those that made this trip possible. Whether through donations or gifts or support; you all made it a memorable and exciting trip. We cannot thank you enough for the memories you have given us. In the words of Raya: "Thankyouthankyouthankyouthankyouthankyouthankyou!"

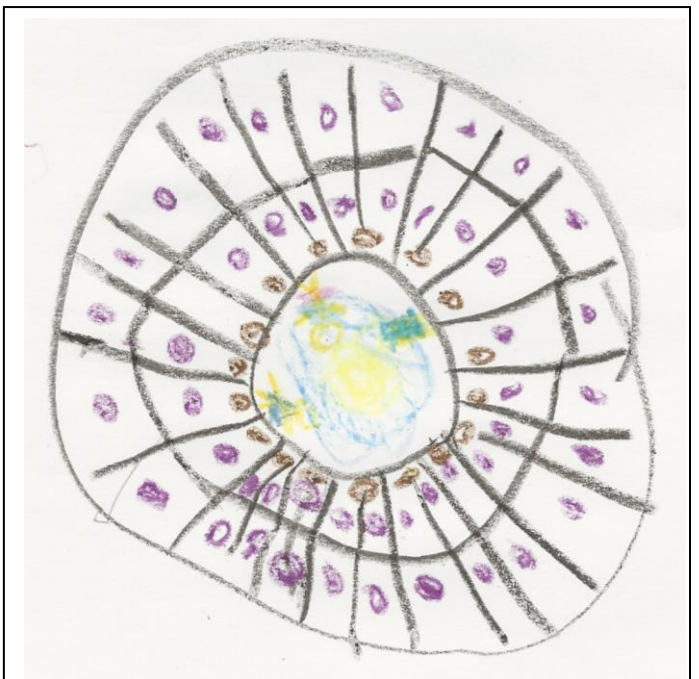


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The Capitol Tour

By Raya, PISF 2nd grader

When we first arrived at the Capitol we had to wait in a long line and then we went through security. They checked our bags and we went through a metal detector. For our tour of the Capitol we had to wear headsets so we could hear the tour guide. We walked into Statuary Hall. We walked around the room. It was a big room sort of the shape of a half circle. They had at least two statues from each state. Some statues were metal, some were bronze, but one had gold. The coolest part (well, maybe not so cool for Marina) was when the tour guide asked Marina to stand on one of the plaques on the floor. He told us to all crowd around her as close as we could. Then he asked us to take our headsets off. Then he went to the other side of the room and whispered really quietly. We could all hear him on the other side where we were. There were hundreds of people in there. How could they all fit in there?! And to think that it was a marketplace before! President Obama has only been in the Capitol twice, because he has to be invited by the Congress. I was so honored to be in the Capitol because I might have stepped where really famous people have walked.



Raya's drawing of inside the Capitol dome

*Go Ape*By Marina, PISF 10th grader

Marina on twisted bridge



Julianna

I know what you're all thinking, what on earth is Go Ape? Well Go Ape is an awesome, challenging obstacle course fifty feet up in the trees in a forest. That was one of the coolest parts about this trip.

There were five of us attending Go Ape: Bob Lund, Glenn, Meg, Julianna, and me. In order to attend Go Ape you had to be at least thirteen years old. After almost an hour trip from Virginia to Maryland we finally reached our destination. When we got there they gave us our harnesses and instructions. The main rule was "ALWAYS STAY ATTACHED". They had signs all over the place to remind us of that. We did a little practice run with Amar (he was our instructor) then we were on our own for the rest of the six courses.

The very first course was terrifying. I'm usually pretty brave but not this time. When I had suggested Go Ape while planning the trip I had no idea what I was in for. I honestly didn't think fifty feet was that high. I thought it was going to be easy. Nope, it wasn't. Once I climbed that first ladder I freaked out, and that wasn't even the highest we went! I wasn't the only one freaking out though. Meg, Julianna, and even Glenn were a little freaked out too. Bob seemed to show no fear. The courses kept getting more difficult and higher. No matter where you were on the course you needed to be attached with at least one of the two safety lines. There were some really cool obstacles. One was a wooden tunnel thing that you had to crawl through, that was really scary. There was also a flimsy ladder that twisted and turned when you walked on it. Then there was a log ladder thing. I was probably most scared of that. Even though I was attached, something about a log with really weird, difficult handles at a ninety degree angle was terrifying. The whole time climbing that thing I thought I was going to fall backwards and down fifty feet. I may or may not have teared up. The other scary thing was when we went on a flat zip line across a road. The whole point was to pull yourself across. But for me that was a big no no because it was so scary. I took the leap of my life and wished for the best; thankfully I made it without having to dangle over a street! The whole thing was absolutely amazing!!!!!! Even though I was scared a lot of the time, I would definitely go back any day.



Meg on skateboard zip-line

Thirteen Reasons Bob and Anne Lund are Awesome

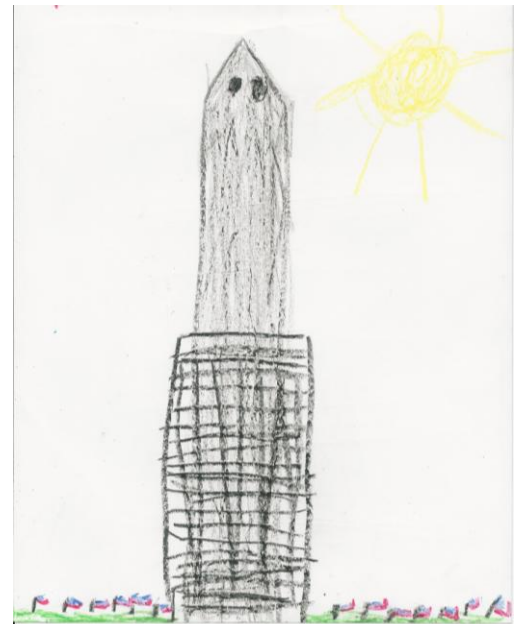
1. "Bob and Anne helped us make dinner every night," –Marina
2. "They let me play with their stuffed animal birds," –Shelby
3. "Anne put the picture I drew in the china cabinet!" –Julianna
4. "Anne's homemade quilts are super-cozy and warm," –Meg
5. "Bob went to Go Ape with us," –Marina
6. "Anne was very nice to me when I was sick," –Raya
7. "They are both really welcoming and generous," –Julianna
8. "Hanging out with Bob and Anne in the sunroom in the morning was one of my favorite parts of the day, every day," –Marina
9. "We were never bored around them," –Meg
10. "Bob is the best gardener I know," –Shelby
11. "They let us stay in their house!" –Julianna
12. "Bob is punny (heehee- get it?)" –Marina
13. "We would not have been able to do the trip without them, we are very thankful," –Raya



By Aribella, PISF kindergartener



Bob being fearless at Go Ape



Shelby's drawing of the Washington Monument Under Construction

*National Gallery of Art*By Meg, PISF 11th grader

In the weeks leading up to the Big Trip we all chose artists or works of art that we wanted to see when we went to the National Gallery of Art, so that everyone would have something to look for and to share information on. Aribella chose Martin Johnson Heade, specifically his oil painting the 'Cattleya Orchid and Three Brazilian Hummingbirds'. Raya was drawn to Claude Joseph Vernet and his depictions of the ocean and beaches. I immediately loved the works of Joseph Mallard William Turner and his stunning prints and sketches of the country side as well as his paintings of cities and busy ports all around Europe.

When we went to the Gallery, we all kept our eyes peeled for our artists as we browsed. It was incredible to see the works of art I had been studying for the past few weeks in person, just as it had been incredible to see the Lincoln Memorial and the Capitol Building. You read about or hear about things like that so much that it seems kind of unreal when you see it in person, up close and personal.

Seeing art like that, with so much skill and patience involved, it made me a little crazy for a while. I was furiously sketching on the bus and subway on the way home and all the rest of the week. I have several pages in my notebook taken up by sketches of the lovely spring flowers that seemed to all but surround us, as well as a few pages dedicated to monuments and art works we saw around DC.

We spent a good four hours perusing the exhibits featuring works by Monet, Van Gogh, Renoir, Henry Matisse, Picasso, and so many other famous and talented artists, and we only went through a few measly centuries of European artists and the impressionism exhibit (my mom and I's favorites). I wish we could have gone back another day, but our schedule was so full of fun events and museums that were equally as impressive and inspiring as the Nat Gal.



Exploring at the National Gallery of Art



Cherry Blossom Oil Painting by Meg



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Museum of Natural History

By Julianna, PISF 8th grader

The Museum of Natural History was fantastic! My favorite display was the 'Written in Bones' exhibit which is all about the first dwellers of Jamestown! Actually, we got some strings pulled and were taken behind the scenes of this display by our super awesome tour guide Vicky. Additionally, she brought us to meet the museum's illustrator and one of the individuals who investigated and provided all the information for the exhibit!

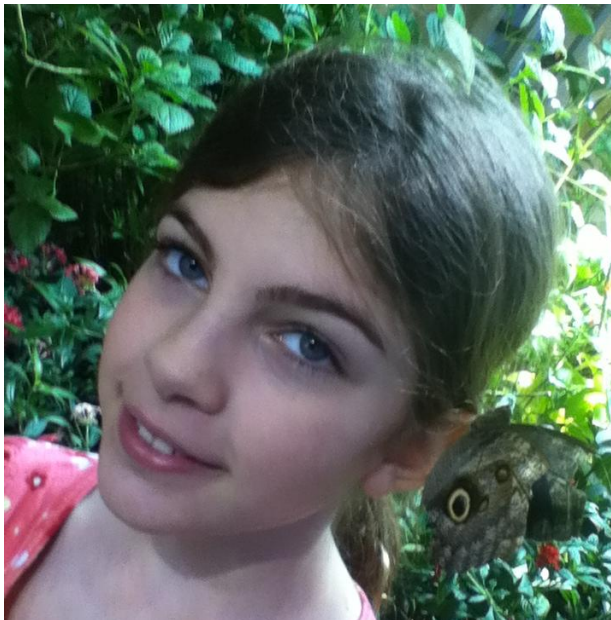
Cari, one of the forensic anthropologists on the scene explained to us that there are tons of things you can tell about a person's life by looking at their skeleton. Some of the characteristics were things like race, gender, and what height or probable weight the person was. While you could tell all those things by looking at the actual person, there are some features you can see only from observing their skeleton. Things like disease, broken/healed bones, and how labor intensive a person's life was can only be found by examination.

We got to experience some of these things first hand once we were taken into a learning room. Here we were



After lunch the entire group ventured into a butterfly pavilion in one of the sections of the institution to check out our fluttering friends. Once inside we found that there were many different species of these colorful critters. Most of us were lucky enough to have one land on us (Shelby had one plastered to her ear the entire time)!

See Natural History cont. on p 15



What is this??



We will give you the answer in the June edition of The Prudence Wave!

Last month's 'Where is This?'

This was a picture of a cool manatee statue in front of a house on Daniel Avenue

PISF Wish List

- Cozy Rug
- Erasers
- Tacky Glue!!
- Window Crayons
- Flash Drives
- Toilet paper and paper towels

Periwinkle Printing

Screenprinted Fashions



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Eliza Volkmann 401-742-4641

Nat Geo Museum

By Shelby, PISF 3rd grader

We went to the National Geographic Museum ("NatGeo"), and we went to the Birds of Paradise exhibit. We saw a video all about birds of paradise. There was a bird that made his wings into a skirt, and he put his tail feathers up into the air so they looked like antennas. He was black and his neck was shimmery –iridescent. Then he shook his head and bounced around to attract the ladies. That was my favorite one. There were two that had big yellow feathers on their backs. They both lay on the branch so the girl could check them out to choose which one she was going to have eggs with. The natives where the birds of paradise live put berry juice on their faces and bodies, do a bird dance and have a parade to say thank you to the birds of paradise. Aribella learned how to do a bird of paradise dance. You nod your head and bow low. You also bounce-hop up and down.

There was also a pirate exhibit with different cannons and muskets, gold coins and treasure chests. We got to raise pirate flags. You could see in the windows another ship going by. And you could hear people talking and creaking sounds. I wish Memphis went, because he would have loved it!

There were more exhibits, but I didn't get to see them. Most of the museum was looking around – there was not much doing. But I liked it and I hope to go again someday to see the rest of the museum.



Bird of Paradise drawn by Shelby

A movie poster for a film titled "CAN THE DEFENDERS". The poster features a woman and two children in superhero costumes flying over a city. The woman is in the center, wearing a colorful patterned cardigan over a white apron and blue jeans. To her left is a girl in a blue dress with a rainbow cape and star-shaped sunglasses. To her right is a boy in a tan costume with a gold mask and a black cape. They are all smiling and appear to be flying. The background is a cityscape with a blue sky and a large body of water. The title "CAN THE DEFENDERS" is written in large, green, 3D block letters at the top. Below the title, the text "SAVE US ALL?????" is written in red, slanted, block letters. At the bottom, the text "AN ISLAND IN PERIL!" is written in green, slanted, block letters. Below that, there is a block of text in black, all-caps, sans-serif font.

**CAN
THE
DEFENDERS**

SAVE US ALL?????

AN ISLAND IN PERIL!

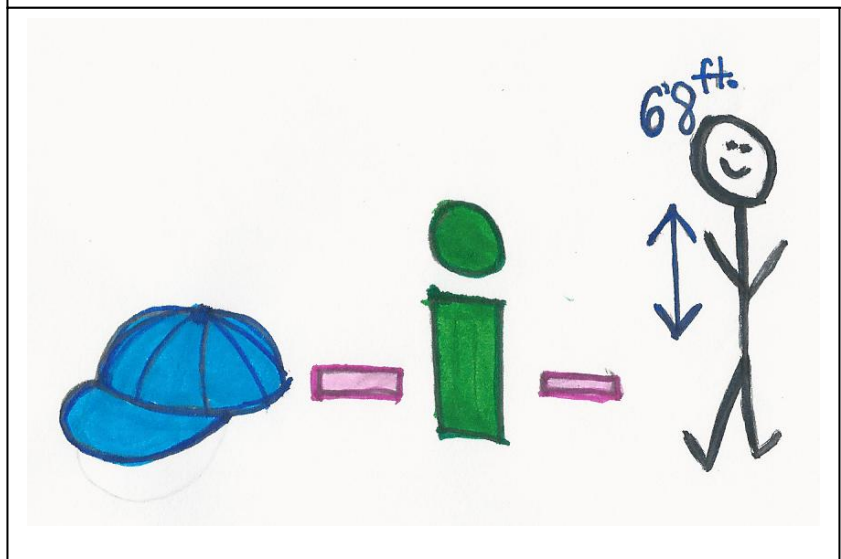
**A PISF FEATURE FILM - FROM THE MAKERS OF CSI-PI
WRITTEN AND PRODUCED BY THE PISF STUDENTS.
A BLOCKBUSTER ADVENTURE FOR THE WHOLE ISLAND FAMILY!
COMING SUMMER 2013 ! WATCH THE WAVE FOR DETAILS.**

*Spy Museum*By Marina, PISF 10th grader

One of our visits in D.C was the Spy Museum. Even though it wasn't what I expected, it was still pretty cool. When we got there we picked an identity and they told us to remember all of their details just in case we would need them. Inside was what seemed like a never ending museum with tons and tons of cool random spy gadgets and knick knacks. There were a few interactive screens that you could play with. I didn't check them out but I did check out the other interactive activity. You had to try to figure out what was wrong with the pictures. It was all spy related. There was also this tunnel that looked like a vent which was fun to climb through but I have no idea what it was for. Maybe it was so you could spy on people. There were tons of different rooms. There was even a downstairs. When we got downstairs it was kind of dark and had a few more rooms. There was also a section on James Bond and his villains. That was pretty cool too. If I had to rate it on a scale one to ten I would give it eight stars. I will tell you that Meg and I got some awesome sunglasses from the gift shop. We look awesome!! (see picture on right)

*Washington Picto-Puzzle*

Use the pictures to figure out a favorite Washington location



April Picto-Puzzle Answer:
Prudence Park



Cherry Tree Drawing

By Aribella, PISF kindergartener

Intriguing Islander of the Month

By Julianna, PISF eighth grader

Anne Lund's family has occupied the island since the 1900s and she was first introduced to Prudence when she was merely two years old! The first place she ever lived here was in a place named The Tea House overlooking Sand Point.

When asked about a favorite memory of her childhood, she explained to me that one of her fondest memories was made right here on Prudence! She further described sleeping with her cousins and siblings in rows on the floor while the adults talked in the next room.

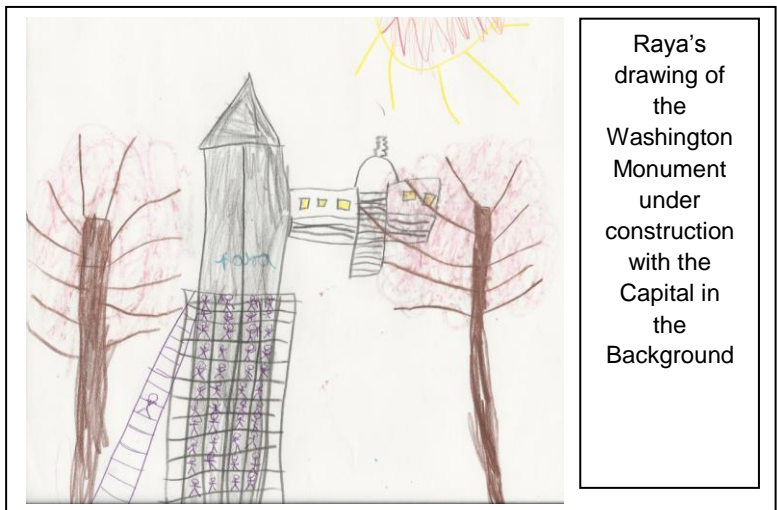
As a young child living in her family home in Pawtucket, R.I. she went to Fairlawn Elementary School and had her heart set on working in the Library of Congress one day. After attending Samuel Slater J.H. she started at Pawtucket West High School and landed her first paying job (other than babysitting!) as a 'shelver' for her local library! She immediately fell in love with the job and decided to pursue her childhood dreams of becoming a real librarian!

After getting her diploma, Anne went on to URI and met Bob at a meeting for school while he student taught the year she was a freshman! Soon after earning a double degree in English and history, Anne went to Catholic University and took a Masters in Science and Library Studies.

Following her marriage to Bob, they had one son and one daughter. Because they were a military family, they never really had any pets so Anne would get a new puppet for each new place they lived! While staying with them during our school trip, the little girls really enjoyed playing with all of them.

Something many of you don't know about her is that she actually has a great passion for sewing! She also shared with me that she really enjoys knock knock jokes and has traveled all over Europe while she lived in Germany!

I had a really great time interviewing Anne while staying in her home for our trip, and she is totally worthy of the term intriguing islander.



*Dance Performance at the Kennedy Center*By Raya, PISF 2nd grader

We went to the Kennedy Center to see a dance performance. The first performance was done by some students from a dance school. it was an unusual presentation of Humpty Dumpty. In this version of Humpty Dumpty he was a bully. You could tell he was a bully because he was mean to two girls and a boy that he had a pretend fight with.

There was also a Cleopatra dance performance by professionals. In this performance the choreographer played Cleopatra. The dance was about her getting bitten by a snake. This was my favorite performance!

The last dance was definitely the most fancy! It started with the dancers wrapped in tinsel. In the middle the dancers took it all off, but still had bodysuits on underneath. There were a few short dances in between the ones with lots of people, so the dancers could change.

And that was what I loved about the dance show at the Kennedy Center for Performing Arts. We all dressed up fancy, and I was very excited because, you know me, I *love* to dress up!



Shelby's drawing of the Lincoln Memorial

Children's Theater Camp

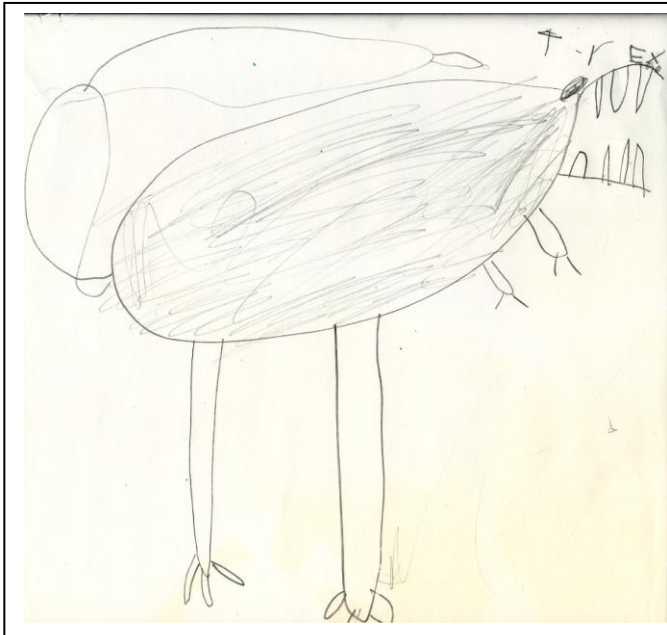
The 2013 Josie Avery Theater Camp at Farnham Farm will take place this summer from August 5-9. The camp is open to children that are six years old (entering first grade) and older.

If you are interested in signing up for camp, please do so soon. There is limited space available and there was a waiting list last year.

To sign up please contact Jen Young
683-5756 or [jenyoung2526@gmail.com](mailto:jenyoun2526@gmail.com)

Dino Bones

By Aribella, PISF kindergartener



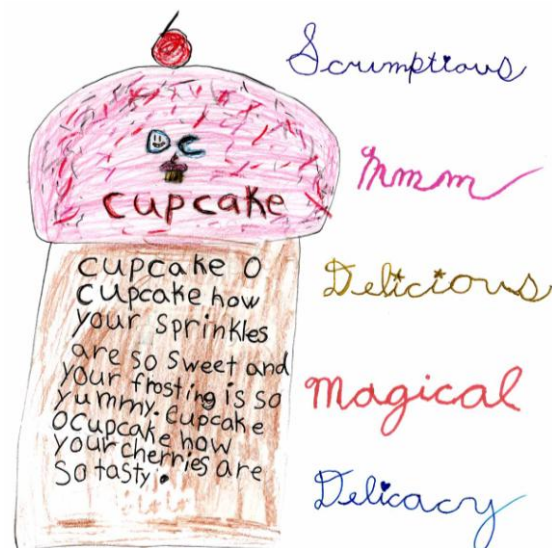
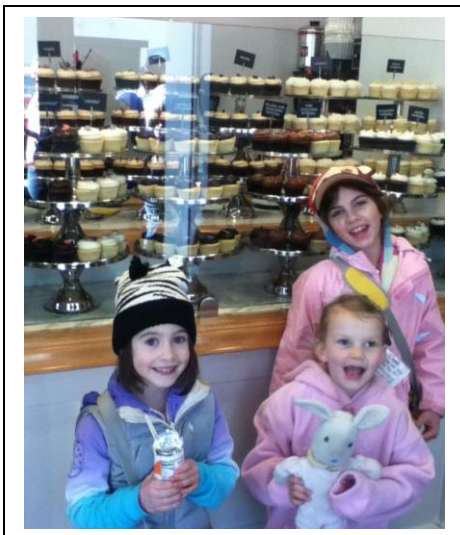
I had big eyes and was so amazed by all the dinosaurs. I saw a big T-Rex to the right of me. T-Rex had a sharp tooth, it was very sharp. The dinosaurs had no skin. The skin was worn away. They were fossils that kind of turned into rocks.

There was an apatosaurus with a long neck, one of the largest and tallest. The apatosaurus's body would be taller than the school and his neck would be as tall as the flag pole. We got to touch some bones that were in a plastic container so that they wouldn't break. I saw some dinosaur eggs that had cracks in them. They were slightly bigger than chicken eggs. I thought there was going to be little baby dinosaur bones and just a couple of big ones. Big mommas and no fathers, just tons of little babies.

I had fun at the dinosaurs. And I want to go back someday.

DC Cupcakes

By Shelby, PISF 3rd grader



Museum of American History



Teeth found at the museum from the Tooth Fairy



Kermit!



Aribella displaying her Ruby Red Slippers right next to the originals from The Wizard of Oz

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**Summer: PI, Rhode Island Winter: Hutchinson Island,
Florida**

The Newseum

By Julianna, PISF 8th grader

So, over the past week we've done a lot of really wonderful stuff and seen some remarkable things, like monuments and the Capitol (plus some pretty snazzy gift shops). But, what I want to talk about is the Newseum!

I was flabbergasted. With its touch screen technology and news flowing in daily from around the world I'd say it's a must see in DC (see what I did there?). You might want to know...what exactly *is* the Newseum? Well, it's a museum that is used specifically for showcasing how the news is made, filmed, and reported. Featuring things like front pages from over the years and how technology has affected and assisted the expansion of journalism for five whole centuries!

This museum full of past and current events was my favorite because there was so much to learn! We even watched a 4D movie in their theater about how journalism has played a huge role in American History!

What I think was the best part would have to be the broadcasting station. All you do is pick up the microphone, get in front of the camera and read what's on the screen in front of you. Another highlight is that when we grabbed dinner outside the museum a real news crew was making a live broadcast twenty feet away! Some other exhibits I really enjoyed seeing there was a few segments of the Berlin Wall imported all the way from Germany and the 9/11 display which had the actual radio antennae from the world trade center. However the Pulitzer Prize photos were truly awe-inspiring and extremely heartbreaking yet at the same time triumphant and full of glory.

To be honest this place wasn't as good as I thought it'd be. It was much better! Nevertheless, I dare say the glass elevator was a nice touch.



Julianna and Shelby reporting the news while Meg and Marina ran the broadcast station behind the camera



The broadcast



Raya in the touch screen multi-media room

Natural History cont. from p. 6

Aside from that, all the other exhibits were really interesting too. One of the exhibits that I was most fascinated by was the evolution of the human species where they did a really strange but thought-provoking demonstration of what I would have looked like as an early human ancestor.

Another display caught mine and Eliza's attention as well. In fact there were several sparkly items donated by the state of Rhode Island to this exhibit. You might even say this display was a 'stepping-stone' in our findings...the Rocks and Minerals portion of the museum! This section had thousands of rocks of all different shapes and sizes imported from all over the world!



The Ocean Hall fraction of the institution was definitely a crowd pleaser and of course we were all psyched out of our minds to see this place! I learned so many things about the ocean and its creatures that I hadn't known before. Eliza and us older girls also took a look at one of the documentaries while it was playing- did you know that we've explored less than five percent of the world's oceans?!



Furthermore we visited the mammal hall, which kind of stunk compared to the rest of the exhibits. But this display had something the others did not, life sized mammals from all the Earth's forests and deserts! The reason it wasn't as good as the others was because it didn't show them in their habitats and it wasn't very interactive.

Our last stop was the dinosaurs. In this fragment it shows millions of prehistoric dinosaur bones and fossils along with information on each species. The most interesting part of this section for me was how many colossal underwater reptiles there were back then!

Without a doubt this massive museum is sure to astound and captivate anyone who steps through its doors.

Scenes from Our Trip



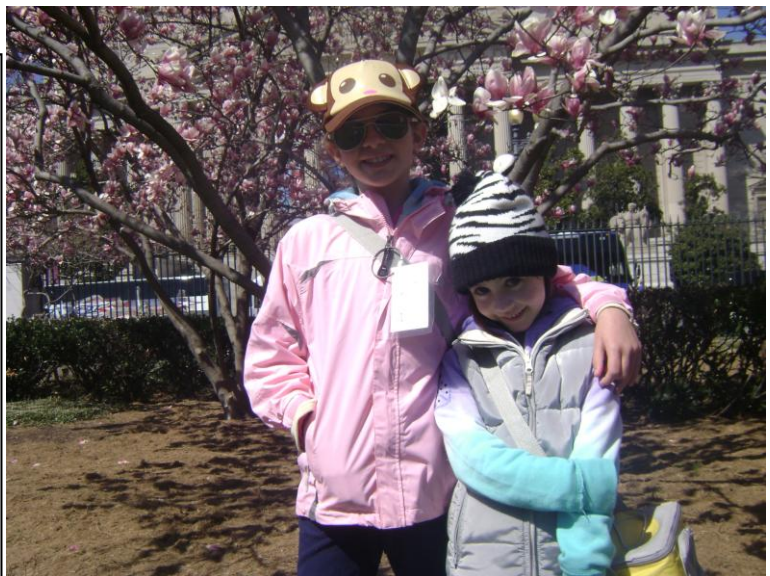
On the way



National Gallery of Art



Shelby's Coelacanth





Freedom statue at The Capitol



Journaling



Living Art



Amazing Mummy

